



CITY OF HEALDSBURG SENIOR CITIZENS ADVISORY COMMISSION REGULAR MEETING – AGENDA

Healdsburg Senior Center
133 Matheson Street, Healdsburg CA 95448
Phone: 707-431-3324

Meeting Date: January 26, 2017
Time: 10:00 a.m.
Date Posted: January 23, 2017

1. CALL TO ORDER

- a) Welcome New Commissioners Larry Smith and Mary Fitzgerald and Returning Commissioner Denise Hunt
- b) Roll Call
- c) Changes (Deletions) from Agenda
- d) Approval Minutes:
 - a. September 22, 2016
 - b. October 27, 2016

2. PUBLIC COMMENTS

This time is set aside to receive comments from the public regarding matters of general interest not on the agenda, but related to Commission business. Pursuant to the Brown Act, however, the Commission cannot consider any issues or take action on any requests during this comment period.

3. OLD BUSINESS

- a) Age Friendly Communities Update
- b) Transportation Update
- c) Housing Update

4. NEW BUSINESS

- a) Review of 2016 Goals; Discuss 2017 Goals
- b) 2017 Subcommittees and Assignments

5. COMMISSION REPORTS ON MATTERS OF INTEREST OCCURRING SINCE PREVIOUS REGULAR MEETING (Commission, Information Only)

6. INFORMATION AND REPORT OF COMMUNITY SERVICES ACTIVITIES (Staff, Information Only)

7. FUTURE AGENDA ITEMS

- a)
- b)
- c)

8. ADJOURNMENT Next meeting: February 23, 2017, 10:00am at the Healdsburg Senior Center (unless otherwise established)

SB 343 - DOCUMENTS RELATED TO OPEN SESSION AGENDAS: Any writings or documents provided to a majority of the Senior Citizen Advisory Commission regarding any item on this agenda after the posting of this agenda and not otherwise exempt from disclosure, will be made available for public review in the Parks and Recreation Office located at 1557 Healdsburg Avenue during normal business hours. If supplemental materials are made available to the members of the Commission at the meeting, a copy will be available for public review at the Parks and Recreation Office located at 1557 Healdsburg Avenue, Healdsburg, CA 95448. These writings will be made available in appropriate alternative formats upon request by a person with a disability, as required by the Americans with Disabilities Act.

DISABLED ACCOMMODATIONS: The City of Healdsburg will make reasonable accommodations for persons having special needs due to disabilities. Please contact Parks and Recreation Office, at 1557 Healdsburg Avenue, Healdsburg, California, 431-3301, at least 72 hours prior to the meeting, to ensure the necessary accommodations are made.

**CITY OF HEALDSBURG
SENIOR CITIZEN ADVISORY COMMISSION
REGULAR MEETING MINUTES**

**September 22, 2016
Healdsburg Senior Center
133 Matheson Street, Healdsburg, CA 95448**

The Senior Citizen Advisory Commission met in regular meeting session.

1. CALL TO ORDER

Chairperson Hunt called the regular meeting to order at 10:01 A.M.

1.a. Roll Call

Present Commissioners: Gervais, Helman, McMillan, Moore, Chairperson Hunt

Absent Commissioners: Sullens

Staff Present: Facilities and Events Supervisor Haskell, Recreation Coordinator Black, Office Assistant Salas

1.b. Changes (deletions) from Agenda

None

1.c. Approval of Minutes (August 25th, 2016)

Commissioner Moore asked that the Chairperson's name be changed from Chairperson Moore to Chairperson Hunt under the call to order section of the August 25, 2016 minutes.

On a motion by Commissioner McMillan, seconded by Commissioner Hunt, approved the August 25th, 2016 minutes with the changes noted above. The motion carried on a voice vote. (Ayes - 5, Noes -0, Absent –Sullens).

2. PUBLIC COMMENTS

None

3. PRESENTATIONS

Sonoma County Area Agency on Aging "Art of Aging" Survey and Agency Overview (Diane Kaljian, Director of Adult and Aging Services for Sonoma County Human Services)

Coordinator Black introduced Diane Kaljian and Tracy Repp with the Sonoma County Area on Agency on Aging (AAA) who provided a presentation on their programs and services. Kaljian spoke about the services provided for older adults; which includes meals, legal assistance, volunteer driver programs, assistance with depression and mental health, as well as many other services. The program is part of a nationwide network with over 33 agencies in the State of California. The agency has a 21 member volunteer advisory council.

The services provided are free of charge to seniors in need of assistance. The agency is working on providing volunteer driver programs throughout the county. Chairperson Hunt shared that a survey demonstrated that transportation is a huge need for Healdsburg residents and it is something the Commission is looking to fulfill.

Kaljia's presentation displayed findings on a recent survey conducted for the older adult population in the county. The data obtained was collected from surveys and focus group meetings. Sonoma County has a higher concentration of seniors than other counties; there are 118,951 seniors over the age of 60 in the county. Twenty-three percent of the senior population in the county is within the Healdsburg area, which includes unincorporated areas of the city as well as the Windsor area.

Areas of concern to seniors are health care, accidents in the home, finances, transportation, knowledge or lack of knowledge about services and benefits available to them. The major concern among this population is being able to stay independent in their own homes. The presenters reviewed the senior population projections for the future and stated that the numbers of seniors are increasing because seniors are living longer.

Both Kaljia and Repp shared some of the goals the agency is working on:

1. Expand the awareness of available services and support for seniors, families, and caregivers.
2. Improve the health and well-being of seniors of all ages.
3. Strengthen the community's capacity to assess, plan for and respond to the increasing needs of Sonoma County's senior population.
4. Involve and engage seniors as a valuable resource in the community.

Kaljia mentioned that the agency has subcommittees, like transportation, legislative, planning and funding, etc., and many volunteer opportunities such as service providers, delivering meals, and volunteer driving programs.

Commissioners thanked the Kaljia and Repp for their presentation.

4. OLD BUSINESS

None

5. COMMISSION REPORTS ON MATTERS OF INTEREST OCCURRING SINCE PREVIOUS REGULAR MEETING (Commission, Information Only)

- a) **Subcommittee Reports and Recommendations**
 - i. **Housing: Hunt and McMillan**

Chairperson Hunt reported that the subcommittee has not met. She shared that the City is moving ahead with Housing Action Plan (HAP) which was approved by Council, and Measure R will be on the November ballot. She inquired whether SHARE would be providing a presentation to City Council.

ii. Endowment Fund: Helman and McMillan

The subcommittee was to meet prior to the meeting; however it was cancelled due to Director Themig's absence.

iii. Transportation: Moore and Sullens

Commissioners Moore, Sullens and Coordinator Black attended an Area Agency on Aging meeting on transportation. The Lyft program was discussed and licensing was being looked into. Another program that was talked about was Go, Go, Grandparent which is another version of a driver's program which was started by a young adult.

Black shared that AAA handed out transportation vouchers to Sebastopol, Petaluma and Cloverdale. The volunteer program in Cloverdale has not yet been established but they are currently trying to work towards that goal. Commissioners spoke about insurance policies and discussed how these will not cover you if you are using your vehicle for business purposes.

Hunt shared that the subcommittee is still looking at all the available options. Hunt reminded the group that Diane Kaljian (with AAA) had commented that Rohnert Park is looking to Petaluma People Services Center which is similar to the case in Healdsburg.

Moore spoke about transportation focus group meetings at the senior communities and she is waiting to hear whether those can be attended by the public.

b) Other

6. INFORMATION AND REPORT OF COMMUNITY SERVICES ACTIVITIES (Staff, Information Only)

Supervisor Haskell reported that the Senior Center is open and all the activities have relocated back to the Center with the exception of the Meals on Wheels program, and congregate dining. She invited the group to look at the new remodeled features. Black mentioned that the SRJC Watercolor class will be displaying artwork in the dining room very soon. Haskell informed the Commission that the demolition work at the Community Center has been completed, and they will start painting, and the project should be finalized in November. Haskell reminded the Commission about the Recognition Event that will take place at the Villa Chanticleer later this evening, Commissioners were encouraged to attend. The Senior Dinner will be taking place on Sunday, December 4th. Two community events will be taking place on Saturday, September 24th; Identity Theft Event will be taking place at the Community Center and the Foss Creek Clean-up will be taking place in the West Plaza. Coordinator Black added that a Flu Shot Day will be held at the Senior Center on October 14th from 11 to noon.

Commissioner Gervais exited the meeting at 11:54 a.m.

Commissioner Helman shared that she will be teaching a Label Reading 101 course on September 29th, from 10:00 a.m. to 11:00 a.m. at the Senior Center.

7. FUTURE AGENDA ITEMS

- a) **Age Friendly Sonoma County Initiative (October)**
- b) **Commissioner Terms**
- c)

8. ADJOURNMENT

Next meeting: 10:00 A.M., Thursday, October 27, 2016 at the Healdsburg Senior Center (unless otherwise established)

There being no other business to discuss, on a motion by Commissioner McMillan, seconded by Commissioner Moore, adjourned the meeting at 11:59 a.m. The motion carried on a voice vote. (Ayes - 4, Noes -0, Absent –Gervais, Sullens)

APPROVED:

ATTEST:

Denise Hunt, Chairperson

Elizabeth Haskell,
Facilities and Events Supervisor

**CITY OF HEALDSBURG
SENIOR CITIZEN ADVISORY COMMISSION
REGULAR MEETING MINUTES**

**October 27, 2016
Healdsburg Senior Center
133 Matheson Street, Healdsburg, CA 95448**

The Senior Citizen Advisory Commission met in regular meeting session.

1. CALL TO ORDER

Vice Chair McMillan called the regular meeting to order at 10:02 A.M.

1.a. Roll Call

Present Commissioners: Gervais, McMillan, Moore, Sullens

Absent Commissioners: Hunt

Staff Present: Director Themig, Facilities and Events Supervisor Haskell,
Recreation Coordinator Black, Office Assistant Salas

1.b. Changes (deletions) from Agenda

None

1.c. Approval of Minutes (September 22, 2016)

On a motion by Commissioner Sullens, seconded by Commissioner Moore, approved the September 22, 2016 regular meeting minutes as submitted. The motion carried on a voice vote. (Ayes - 4, Noes -0, Absent –Hunt).

2. PUBLIC COMMENTS

None

3. PRESENTATIONS

Sonoma County Council on Aging “Age-Friendly Communities”

Commissioner Sullens presented and welcomed Marianne McBride and Renee Tolliver with Sonoma County Council on Aging. McBride spoke about what the county is doing to make the county an age friendly community and how they plan to make the county the healthiest in the state by 2020. McBride shared that forty-one percent of the population in the county is composed of seniors and that it is important that their needs are addressed.

Community conversations took place with Council on Aging and senior groups to discuss issues and concerns that pertain to that age group. Topics included being able to age in place, transportation, housing, feeling connected, etc. The agency learned about the World Health Organization and realized that both agencies have similar goals, AARP is the local representative

for the organization. The World Health Organization has a five year plan, during the first two years the plan would be assessed and during the last three years they would implement the plan. The Board of Supervisors is in support of the plan and will assist those cities that would like to be involved.

Tolliver spoke about age friendly communities and spoke about where the organization is in the process with these. They are at the assessment stage and are looking to engage as many people as possible to create task forces; they would like to involve people of all ages and backgrounds. After the task forces are created a subcommittee will need to be formed.

The organization has met with every City Mayor and City Manager in the county and hopes that cities will see the benefits that this can bring. They want to make sure that the older adult population is included in the aging together process along with the younger generations.

Themig asked about how the Council on Aging and Area Agency on Aging function. Council on Aging is a private non-profit in response to the older Americans Act. It is their responsibility to take care of seniors which is possible through federal funding. Area Agency is a division of the County's services and is a contractor with Council on Aging. Council on Aging contracts with them to run a few programs.

McBride shared they are looking for a representative from the group that may be interested in being a part of the steering committee which would be involved in strategic planning and strategies. She emphasized that they are looking for a representative to be part of the steering committee, task force members, and volunteers.

Commissioners and staff thanked McBride and Tolliver for their presentation. Presenters exited the meeting at 10:51 A.M.

Supervisor Haskell reviewed the AARP assessment and the City received a 56% rating, which is a great starting point for the City. Commissioners and staff discussed whether they would like to be involved; they asked that the item be placed on the agenda for the next meeting.

Themig shared that the Health Action is looking to be reformed in Healdsburg. The City was part of the Healthy Healdsburg group, which was part of the Health Action initiative for the County. Ari Rosen formed a non-profit, Corazon Healdsburg, as a resource for his employees and residents in town to provide information on services and resources available to the Latino community.

McMillan expressed interest in having a Latino representative be part of the Commission and asked how they could go about informing the Latino Community about the vacancy. Themig will speak to City Clerk about recruiting for the vacancies and having a draft letter sent out to the Latino businesses.

4. OLD BUSINESS

None

5. COMMISSION REPORTS ON MATTERS OF INTEREST OCCURRING SINCE PREVIOUS REGULAR MEETING (Commission, Information Only)

a) Subcommittee Reports and Recommendations

i. Housing: Hunt and McMillan

McMillan commented that the subcommittee has nothing to report. Themig mentioned that the City has moved ahead with the Grove Street Housing, twenty-five low income units will be constructed across from the skate park. A second housing project is adjacent to the Engleke Lot on Dry Creek Rd for rental units; collectively it will be over 60 housing units.

Themig informed that staff will be facilitating a meeting with SHARE Sonoma County and North Sonoma County Services to talk about the possibility of working together.

ii. Endowment Fund: Helman and McMillan

Supervisor Haskell and Coordinator Black have created a list of items that can be associated with the endowment fund, yet staff does not have cost on the items. Once staff figures out the cost of the items, a conversation can take place to discuss spending funds or start a fundraising campaign.

iii. Transportation: Moore and Sullens

Commissioners Moore and Sullens reported that Uber and LYFT programs have been discussed and a meeting will be taking place on November 4th. Themig said he would like to see the subcommittee meet with focus groups to discuss transportation needs. Focus group meeting can take place at the river community, and another one at the Senior Center. Staff will schedule these meetings for December.

b) Other

6. INFORMATION AND REPORT OF COMMUNITY SERVICES ACTIVITIES (Staff, Information Only)

Black mentioned that staff is working on the Annual Senior Dinner which will take place on Sunday, December 4th, volunteers are needed for the event. The SRJC Watercolor class is exhibiting their art work in the dining room thru the end of January. New chairs have been ordered for the Center and the ceiling fans have new sconces.

7. FUTURE AGENDA ITEMS

a) Age Friendly Communities

b) Housing, endowment, transportation

c) **Share program**

8. ADJOURNMENT

Next meeting: 10:00 A.M., November 17, 2016 at the Healdsburg Senior Center (unless otherwise established)

There being no other business to discuss, on a motion by Commissioner McMillan, seconded by Commissioner Gervais, adjourned the meeting at 11:29 a.m. The motion carried on a voice vote. (Ayes - 4, Noes -0, Absent –Hunt)

APPROVED:

ATTEST:

McMillan, Vice Chairperson

Mark Themig,
Community Services Director



HEALDSBURG SENIOR CITIZENS ADVISORY COMMISSION 2016 Goals and Subcommittee/Liaison Assignments

2016 Goals

1. Relevancy.
 - a. Increase communication to and from, the City Council, the public at large and community organizations and institutions on issues pertaining to the needs of older adults with an emphasis on senior programs and services.
 - b. Establish a liaison with the Transportation Advisory Commission (TAC) to work collaboratively on transportation issues that may be of importance to both commissions.
 - c. Establish a liaison with the Healdsburg Senior Center Volunteers, Inc. (Friends of the Senior Center) for the purposes of communication and developing coordinated support for the Senior Center and services for Healdsburg's older adult residents.
 - d. Establish a liaison with the Parks and Recreation Advisory Commission to share information and work collaboratively on issues that may be of importance to both commissions.
 - e. Seek greater diversity in participation in the Commission.
2. Endowment Fund.
 - a. Establish a subcommittee to work with staff on evaluating options for the future or the Endowment Fund.
 - b. Develop and adopt a project list in collaboration with the Friends of the Senior Center that would qualify for use of the funds and consider evaluate seeking authorization to change the funds requirements.
 - c. Consider developing a fundraising initiative to support the fund long-term.
3. Transportation.
 - a. Establish a subcommittee to work with staff on evaluating options for transportation for older adults.
 - b. Develop an action plan/work plan that examines transportation options for older adults, including options for working with our neighboring communities, Sonoma County, and other non-profit and service organizations.
4. Housing.
 - a. Establish a subcommittee to monitor and represent housing issues for older adults through the City's Community Housing Committee, City Council, and other initiatives.
 - b. Develop an action plan/work plan for housing and home maintenance projects that will assist Healdsburg's older adults staying in their homes as long as possible.

Subcommittee and Liaison Assignments

Liaisons

- a. Transportation Advisory Commission: Moore
- b. Healdsburg Senior Center Volunteers (Friends of the Senior Center): Hunt
- c. Parks and Recreation Advisory Commission: Hunt

Subcommittees

- a. Endowment Fund (Staff Leads: Lea Black/Mark Themig): Helman and McMillan
- b. Transportation (Staff Lead: Lea Black): Moore and Sullens
- c. Housing (Staff Lead: Mark Themig): Hunt and McMillan

(Adopted May 19, 2016)