

# Are YOU Ready?

## DON'T DELAY, PREPARE TODAY

### Be Earthquake Ready

Due to the recent Napa earthquake, Healdsburg Fire Department wants to make sure its residents are earthquake safe.

#### Know your Faults



Sonoma County is located along the Rodgers Creek Fault, and although it hasn't been heavily active in some time, it and other faults could possibly impact our community.

Keep in mind that after an earthquake, emergency crews will be busy with fires and other life threatening situations. As a result, they may not be able to assist you and your family right away. Here is a simple checklist you can follow to help prepare yourself and your family for quakes and other disasters.

#### What to put in your 72-hour Emergency Preparedness Kit

- ✓ **Water**, 1 gallon of water per person per day for at least 3 days, for drinking and sanitation
- Food**, at least a 3-day supply of non-perishable food for each person
- First Aid Kit**
- Flashlight**
- Battery-Operated Radio**
- Tools & Equipment**, wrench, screwdriver, knife, tape, matches, garbage bags, Ziploc bags
- Clothing**
- Blankets**
- Important Documents**, such as birth certificates, insurance policies, ID cards, photographs
- Contact Information**
- Sanitary Supplies**
- Money**, ATM machines will not work when power is out
- Pet Supplies**
- Fire Extinguisher**
- Keys**, extra set for your house
- Whistle** to use for notifying rescuers



#### Where to store your Emergency Preparedness Kit

Keep your kit in a metal or plastic garbage can or other sturdy container that is easily transportable. It can be stored in a garage, shed, or another out-of-the-way location.

Step 1

Step 2



Healdsburg Fire Department  
601 Healdsburg Avenue, Healdsburg, CA 95448  
(707) 431-3360 [www.ci.healdsburg.ca.us](http://www.ci.healdsburg.ca.us)

# Earthquake Safety at Home

BEFORE

- Build an emergency kit/ checklist make a family plan
- Securely cabinets to walls and place heavy or breakable objects on lower shelves
- Mirrors, picture frames, and other hanging items should be secured to the wall. **DO NOT** hang heavy objects over beds, sofas
- Bookcases, filing cabinets, and other tall furniture should be anchored to wall studs
- Secure computers, televisions and microwave ovens with flexible nylon straps.
- Brace overhead light fixtures and top heavy objects
- Repair defective electrical wiring and leaky gas connections. **DO NOT** work with gas or electrical lines yourself
- Secure your water heater, refrigerator, furnace and gas appliances by strapping them to the wall studs and bolting to the floor.
- Repair any deep cracks in ceilings or foundations
- Store weed killers, pesticides, and flammable products securely in closed cabinets with latches
- Designate a location for family members to gather after an incident
- Hold earthquake drills with your family : **Drop, cover and hold on.**

## WHEN INDOORS

- **DROP** to your hands and knees
- **COVER** your head and neck with your arms
- **HOLD ON** to something sturdy until the shaking stops
- Stay away from glass or windows, or anything that could fall
- **DO NOT** get in a doorway, it will not protect you from flying objects
- **STAY** inside until the shaking stops or its safe to go outside
- **DO NOT** use elevators
- Be **AWARE** that the electricity may go out,

## WHEN OUTDOORS

- **MOVE** away from buildings, street-lights, trees, bridges and utility wires
- When in open space, **DROP, COVER** , and **HOLD ON**
- **STAY THERE** until shaking stops
- **WATCH** for falling debris

DURING

- **Check** to see phones were not shaken off hooks. Only use phones for emergency phone calls
- **Check** the situation, **Call** for backup, **Care** for victims without jeopardizing your safety
- If safe, take a walk around your home and carefully look for damage
- Get car out of the garage and load it with supplies to prepare for an evacuation, if necessary
- Call your out-of-state contact to check on safety of family members and relay messages
- Turn to your local radio and listen in for news updates

AFTER

*Remember, a little preparedness can go a long way toward preventing you and your loved ones from becoming victims.*



Healdsburg Fire Department  
601 Healdsburg Avenue, Healdsburg, CA 95448  
(707) 431-3360 [www.ci.healdsburg.ca.us](http://www.ci.healdsburg.ca.us)